



Y's Men & Women's Club of Metro Quezon City

PRESIDENT: CP Felipe H. "Pipoy"

Bonita MOBILE: 09209287892

E-MAIL : marrbontmail@yahoo.com

Name of Activity/Project: 1st Brigada Eskwela Project

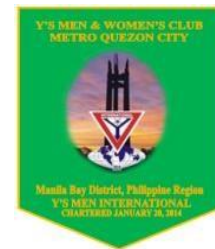
Name of host/co-host clubs: Y's Men & Women of Metro Quezon City

Venue: Abuyod National High School, Teresa, Rizal

Date: September 12, 2021

Number of Beneficiaries: 150 Indigent students

List of Partners in Service: Y's Men Taras Quezon City



PROJECT DESCRIPTION

Education is close to our Club's heart. Our first project is our annual Brigada Eskwela in Abuyod National High School. We donated complete school supplies kit to 150 students. These kits will help students and their parents as they continue online home schooling this school year.



"To acknowledge the duty that accompanies every right."





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Name of Activity/Project: Disinfection Supplies Donation

Name of host/co-host clubs: Y's Men & Women of Metro Quezon City

Venue: Abuyod National High School, Teresa, Rizal

Date: October 10, 2021

Number of Beneficiaries: The whole school

List of Partners in Service: Y's Men Taras Quezon City

PROJECT DESCRIPTION

As part of our Club to protect the teachers, school administration, and parents of our partner school, we donated Germicidal lamps to disinfect the rooms, offices and restrooms, Sanitizing Foot Mats and gallons of disinfecting solution. This will help the school in preventing covid during the entire year of module distribution.



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Y's Men's Club of Sampiro Makati

PRESIDENT: CP Tony V. Casalme

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Name of Activity/Project:

2nd Community Outreach Project "Community Pantry"

Name of host/co-host clubs: **Y's Men's Makati Golden**

Venue: **Makati City**

Date: **July 28, 2021**

Number of Beneficiaries: **40 Indigent Families**

List of Partners in Service: **Y's Men's Makati Golden, YMCA**



PROJECT DESCRIPTION

Community Pantry was a joint Project of Y's Men's Club of Makati Sampiro and Y's Men's Club of Makati Golden to help the 40 indigent families in Makati City as part of their Community Outreach. It was held last July 28, 2021 and supported by each club members and different benefactors in making this event a successful one.



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Name of Activity/Project: 3rd Community Outreach Project "Community Pantry"

Name of host/co-host clubs: Y's Men's Makati Golden

Venue: Makati City

Date: August 28, 2021

Number of Beneficiaries: 40 Indigent Families

List of Partners in Service: Y's Men's Makati Golden, YMCA

PROJECT DESCRIPTION

Community Pantry was a joint Project of Y's Men's Club of Makati Sampiro and Y's Men's Club of Makati Golden to help the 40 indigent families in Makati City as part of their Community Outreach. It was held last August 28, 2021 and supported by each club members and different benefactors in making this event a successful



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Y's Men's Club of Sampiro Makati

PRESIDENT: CP/DSD Dana Gana

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Name of Activity/Project:

2nd Community Outreach Project "Community Pantry"

Name of host/co-host clubs: **Y's Men's Makati Sampiro**

Venue: **Makati City**

Date: **July 28, 2021**

Number of Beneficiaries: **40 Indigent Families**

List of Partners in Service: **Y's Men's Makati Sampiro, YMCA**



PROJECT DESCRIPTION

Community Pantry was a joint Project of Y's Men's Club of Makati Sampiro and Y's Men's Club of Makati Golden to help the 40 indigent families in Makati City as part of their Community Outreach. It was held last July 28, 2021 and supported by each club members and different benefactors in making this event a successful one.

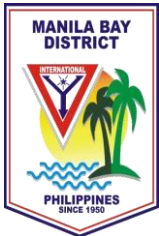


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Y's Men's Club of Manila Downtown

PRESIDENT: CP Jason Magos

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Name of Activity/Project: FREE VACCINATION PROJECT
"BAKUNA MO BUHAY KO" (First Dose)

Name of host/co-host clubs (if applicable): N/A

Venue: Quezon City

Date: July 2021

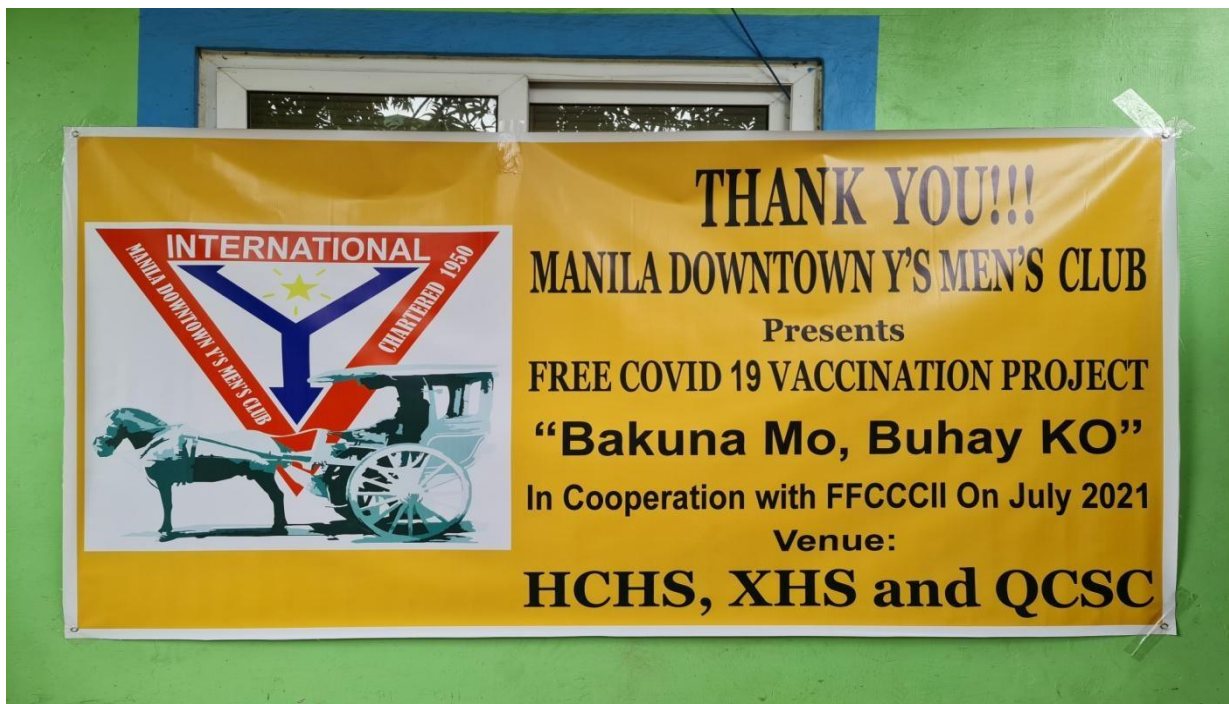
Number of Beneficiaries: 29 recipients

List of Partners in Service: FEDERATION OF FILIPINO CHINESE CHAMBER OF COMMERCE INC. (FFCCC), MEDGROCER INC.



PROJECT DESCRIPTION

Thru the initiative CP Jason Magos before his term as Club President of Manila Downtown Y's Men's Club on July 2021 launch FREE VACCINATION PROJECT "BAKUNA MO BUHAY KO" with 29 recipients of first dose of SINOVAC Vaccine.



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Name of Activity/Project: FREE VACCINATION PROJECT "BAKUNA MO BUHAY KO" (Second Dose)

Name of host/co-host clubs (if applicable): N/A

Venue: Quezon City

Date: August 12-31, 2021

Number of Beneficiaries: 29 recipients

List of Partners in Service: FEDERATION OF FILIPINO CHINESE CHAMBER OF COMMERCE INC. (FFCCC), MEDGROCER INC.

PROJECT DESCRIPTION

Completion of Manila Downtown Y's Men Club Inc. Free Vaccination Project "BAKUNA MO BUHAYKO"

The Project implementation was done in cooperation with FEDERATION OF FILIPINO CHINESE CHAMBER OF COMMERSE INC. (FFCCC) thru MEDGROCER INC. on the second week of July 2021. There are 29 vaccines receive their first dose of vaccine (SINOVAC) July 12-31, 2021. After 30 days of their first shot of vaccine, second dose was done between August 12-31, 2021. Vaccination sites held at the following venue: Hope Christian High School (HCHS), Quezon City Sports Club (QCSC) and Xavier High School (XHS). The aforementioned project was fully supported by the YMI Philippine Region led by Regional Director Ruben Siao and its Regional Board Member.





Y's Men & Women's Club of TARAS Quezon City

PRESIDENT: CP George Liobing

MOBILE : 09175303600

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Name of Activity/Project: Brigada Eskwela: School Supply Drive

Name of host/co-host clubs: Y's Men & Women's Club of Metro Quezon City

Venue: Pantay Integrated High School, Teresa, Rizal

Date: September 13, 2021

Number of Beneficiaries: 200 Indigent Students

Project Cost: 20,000.00

List of Partners in Service: Y's Men & Women's Club of Metro Quezon City



PROJECT DESCRIPTION

On September 13, 2021, Y's Men and Women Club of Taras donated school supplies and cleaning materials to Pantay National High School at Teresa, Rizal. The donation drive was attended by the association's dedicated members and volunteers. It was supported by the presence of Manila Bay District Governor Jericho Galita and Members of Charter Sponsored Club Y's Men & Women's Club of Metro Quezon City.



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Name of Activity/Project: Fight COVID-19: Sanitation and PPEs Donations Drive

Name of host/co-host clubs: Y's Men & Women's Club of Metro Quezon City

Venue: Pantay Integrated High School, Teresa, Rizal

Date: October 09, 2021

Number of Beneficiaries: 1800 Students

Project Cost: 40,000.00

List of Partners in Service: Y's Men & Women's Club of Metro Quezon City

PROJECT DESCRIPTION

On October 9, 2021, Y's Men and Women Club of Taras donated medical and essential supplies to Pantay National High School at Teresa, Rizal. The donation drive was led by the association's President, George Liobing alongside dedicated members and volunteers. The donated items included 10 gallons of alcohol, continuous spray bottles, 30 boxes of face masks, 200 face shields, a first aid kit, Germicidal UV lamps, and fire extinguishers. It was supported by the presence of Manila Bay District Governor Jericho Galita and Members of Charter Sponsored Club Y's Men & Women's Club of Metro Quezon City.



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Manila Downtown Y's Menettes' Club

PRESIDENT: CP EMELY VALENCIA
Y's Year 2021-2022

Name of Activity/Project: *COMMUNITY PANTRY PROJECT (THANKSGIVING)*

Name of host/co-host club: **Manila Downtown Y's Menettes' Club**

Venue: Purok 1 & Purok 2, Barangay Rosario, Pasig City

Date: October 07, 2021

Number of Beneficiaries: 300 Families of Barangay Rosario, Pasig City

List of Partners in Service: Y's Mennette Past President Rosario Lim



PROJECT DESCRIPTION

Manila Downtown Y's Menettes' Club spearheaded by Club President Emely Valencia conducted a Community Pantry Project a Thanksgiving of Past President Rosario Lim in support to 300 indigent families of Purok 1 and Purok 2 of Barangay Rosario in Pasig City. The activity was supported by members and volunteers of Manila Downtown Y's Menettes' Club and due to COVID-19 Pandemic limited movements was observed and strict implementation of Safety Health Protocols were implemented to prevent the spread of the virus. Due to physical distancing enforcement, pick up time for residents were arranged beforehand.



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Y's Men's Club of RAHA Philippines

PRESIDENT: CP MAJAFARO TINDOY-ATAYDE

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majatindoy@yahoo.com

Name of Project: "OPERATION TULE"
Name of host club: YMC RAHA Philippines
Venue: Sta. Ana, Manila
Date: July 8, 2021
Number of Beneficiaries: 100
Partner in Service: ONE RAHA



PROJECT DESCRIPTION

"Operation Tule" is a joint project of "ONE RAHA", (a group composed of Y's Men's Club of RAHA Philippines, Y's Men RAHA Paranaque, RAHA Volunteers and RC of RAHA Sulayman). This year the project was spearheaded by Y's Men RAHA Paranaque. The said project was held in Sta. Ana, Manila and benefited 100 children ages ranging from 12-15. This project aims to help parent who doesn't have the capacity to pay for the hospital just to circumcise their children. In doing so, male assured that they will be protected from the risk of urinary tract infections, sexually transmitted diseases and protected against penile cancer.



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Name of Project: "ALAY KONG DUGO, MULA SA PUSO"

Venue: Southern Police District Headquarters

Date: July 9, 2021

Number of Blood Donors: 150 Collected blood bags 89

Partners in Service: Southern Police District/Dugong Alay, Dugtong Buhay

PROJECT DESCRIPTION.

In collaboration with Southern Police District, NCRPO Press Association and Dugong Alay, Dugtong Buhay, the bloodletting activities become successful. We continue to conduct these activities to help solve the continuous depleting of blood supplies in the hospital. Blood centers are in need of blood in order to provide the blood needs of the patients and to save lives especially now that a lot of people are dying due to their illness or accidents.



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Name of Project: "COMMUNITY PANTRY"
Name of host club: Y's Men's Club of RAHA Philippines
Venue: Tumana, Marikina
Date: July 10, 2021
Number of Beneficiaries: 300 Families
Partner in Service: SAMAKA HOA, INC.

PROJECT DESCRIPTION

In time of Pandemic Covid-19 wherein a lot of people are suffering from food, Y's Men RAHA Philippines in partnership with RC Pandacan, Manila and SAMAKA Home Owner's Association, Inc. organized a Community Pantry. This project aims to feed the hungry and bind people together. Those people who has the means, they drop off whatever food they could donate and for those who cannot, afford to buy, they have to line up and get what they need for free. With this worthy project, 300 families were benefited. in this project.



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Name of Activity: "Because I Love "Y"- A Good Cause - For Victims of Typhoon "Fabian"
Name of host/co-host club: YMC RAHA Philippines/YMCA MANILA,
Venue: Ayala Bridge, Quiapo, San Miguel, Manila
Date: July 26, 2021
Number of Beneficiaries: 100 Families
Partners in Service: LGU Manila

PROJECT DESCRIPTION:

Philippines was hit by typhoon "Fabian". Many areas were flooded, houses were destroyed, properties were swept away and farms to lose all of their crops to the winds and relentless rains. Manila is one of the affected areas of this disaster. This is why YMCA in partnership with Y's Men's Club of RAHA Philippines had come up with a project to help the victims of typhoon "Fabian" who are now in evacuation site. 100 food packs were handed over to the City of Manila's SMART office headed by Col. Ibay.



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Name of Project: "Because I Love "Y"- A Good Cause
Name of host/co-host club: YMC RAHA Philippines/YMCA MANILA
Venue: Hospicio De San Jose, Pandacan, Manila
Date: July 26, 2021
Number of Beneficiaries: 115 Orphans & Abandoned Children
Partner in Service: LGU Manila

PROJECT DESCRIPTION:

In celebration of the 114 Founding Anniversary of YMCA, Y's Men's Club of RAHA Philippines were able to donate 115 packs (comprised of dental and hygiene kit, t-shirt, towel, milk and vitamins) to the orphans and abandoned children of Hospicio De San Jose. The institution is presently taking care 114 children. A very significant number for YMCA as they celebrate their 114th Founding Anniversary. The said project is in collaboration with YMCA, Manila.



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Name of Project: "Because I Love "Y"-A Good Cause –
For the Victims of Taal Volcano Eruption
Name of host/co-host club: YMC RAHA Philippines/YMCA MANILA
Venue: Agoncillo, Batangas
Date: July 28, 2021
Partner in Service: LGU of Agoncillo, Batangas

PROJECT DESCRIPTION:

Y's Men's Club of RAHA Philippines in partnership with YMCA, Manila had come up with the project, "Because I love "Y". This project aims to give hope to the displaced victims of Mt. Taal eruption in Agoncillo, Batangas by helping them to rise up and start a new beginning after the unfaithful disaster. We extended assistance to the victims by donating 200 food packs to the evacuees. Ensuring that they have food to take and in order to overcome somehow their hunger. This concrete expression of sympathy and support to our countrymen further strengthens our ties and our innermost desire to help the people in need through service.



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Name of Project: "DONATION OF OXYGEN REGULATOR (OXYGEN=LIFE- BATCH 1)"

Name of Host Club: Y's Men's Club of RAHA Philippines

Venue: Philippine General Hospital

Date: August 20, 2021

Beneficiaries: Patients in Emergency Wards of UP-PGH

Partners in Service: Lions Club of Pasay, ONE RAHA, RC Pandacan Manila, YMC Paranaque

PROJECT DESCRIPTION

Different organizations come together for a special mission and that is to serve. This is what happens when partners in service of Y's Men's Club of RAHA Philippines joint together for a purpose. Amidst the pandemic covid-19 and uprising number of positive cases, these partners never stop to give their assistance to the needy. Medical equipment such as oxygen regulator, extension cord and oxygen tanks were turn-over to Philippine General Hospital to augment the scarcity of this equipment due to increasing number of positive Covid-19 cases.



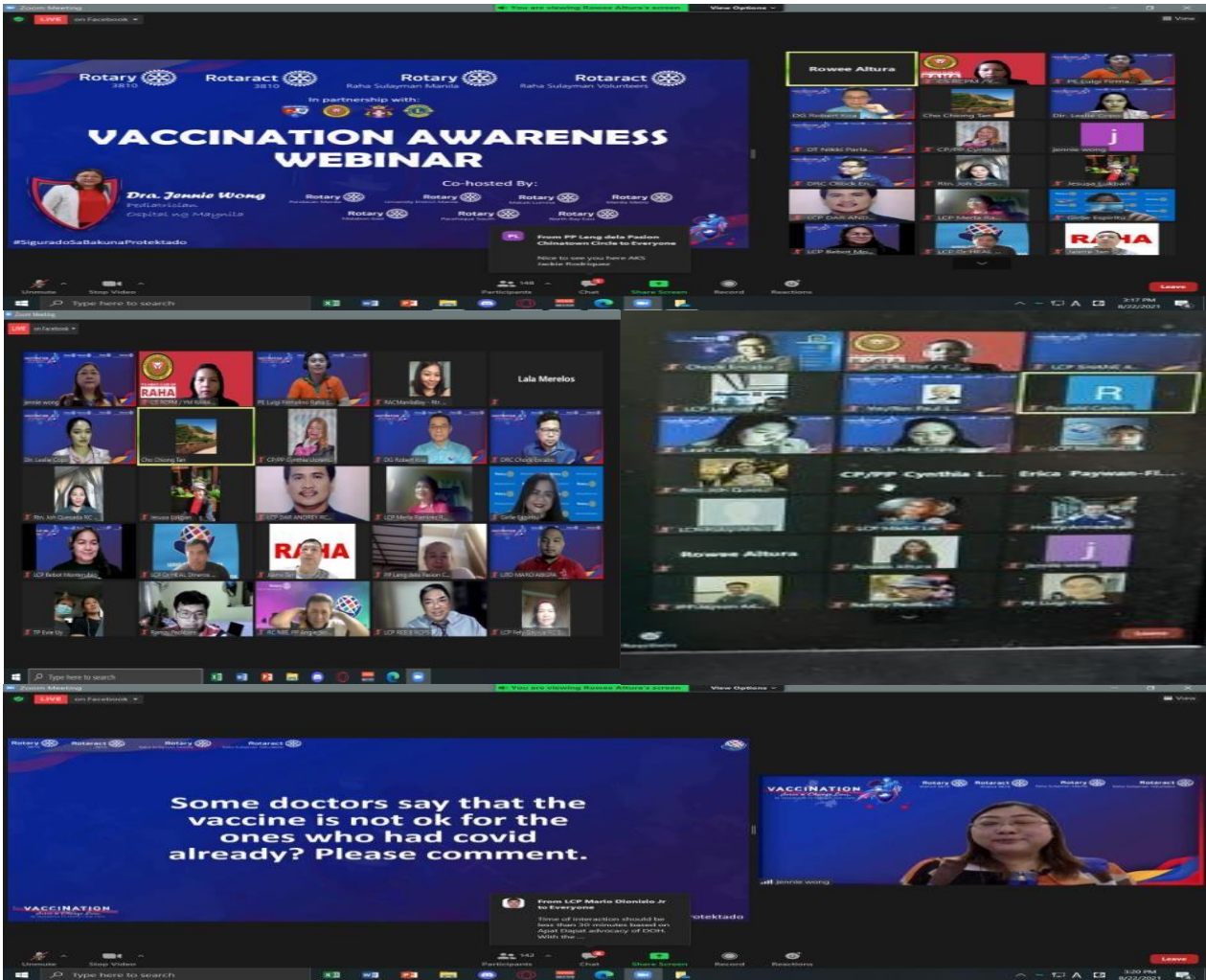
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Name of Project: VACCINATION AWARENESS SEMINAR
Name of host club: Y's Men's Club of RAHA Philippines
Venue: VIA ZOOM
Date: August 22, 2021
Partners in Service: ONE RAHA, Lion's Club Pasay and RC Pandacan, Manila

EVENT DESCRIPTION

This Vaccination Awareness Seminar conducted aim to shed light on the importance of having vaccines in our body and the protection it gives to boost our immune system against the Covid-19 virus and other variants. The vaccines reduce your risk of infection because it produces antibodies and these antibodies help your immune system fight the virus. It explain in this seminar that vaccinated people who do get infected have mild to moderate cases of Covid-19 compared to those who aren't vaccinated. So, the risk of hospitalization and death because of Covid-19 is nearly eliminated once you are fully vaccinated. Hence it is important that all people should be vaccinated before everything gets worst.



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Name of Project: ENDORSEMENT OF BOOKS FOR DONATION
Name of host club: Y's Men's Club of RAHA Philippines
Venue: Pine Street, Sampaloc, Manila
Date: September 1, 2021

EVENT DESCRIPTION

Any volunteering act when done wholeheartedly brings greater joy to us especially when we see the smile of the recipient after the project. The act of kindness should not only be said, but done. This is what usually happened to Y's Men's Club of RAHA Philippines and ONE RAHA. We are more on to serve, amidst the pandemic or even we risk our own lives just to extend the assistance to the needy like joining together in preparing and packing books to donate for the basic education and literacy of the indigent children.



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Name of Project: "DONATION OF LAPTOP"

Name of host club: Y's Men's Club of RAHA Philippines

Date: September 17, 2021

Beneficiary: Son of PP Eva Marie Santiago of YMC of Cabanatuan City

PROJECT DESCRIPTION

Parents played a significant role in the learning and development of their child. Learning in the new normal is a challenge for teachers, students and even to the parents. Blended learning is a combination of both online and offline learning methodologies with the use of technology such as laptop.

With the on-going pandemic, Y's Men's Club of RAHA Philippines understand the hardships and challenges of the parents just to provide their children needs in terms of education in this new normal. This is why the club immediately donated laptop to a son of our fellow Y's. With this, the club assures that the child will be able to continue his journey in terms of education.



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Name of Project: "DISTRIBUTION OF VITAMINS & FERROSSULFATE"

Name of host club: Y's Men's Club of RAHA Philippines

Venue: Dapitan Health Center, Manila

Date: October 15, 2021

Beneficiaries: Residence of Sampaloc Area near Dapitan Health Center

Partner in Service: ONE RAHA

PROJECT DESCRIPTION

Taking vitamins takes a vital role in our body. It boosts our cardio vascular health, reduces anxiety and stress, covers your nutritional bases, and supports your immune system. In taking vitamins, there's a feeling of well-being in you especially in this time of pandemic. This is why ONE RAHA jointly come up to this project in order to protect and save the lives of many people.



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Name of Project: "DISTRIBUTION OF VITAMINS & FERROSSULFATE"

Name of host club: Y's Men's Club of RAHA Philippines

Venue: Bacood Health Center in Sta. Mesa, Manila

Date: October 15, 2021

Beneficiaries: Residents of Sta. Mesa Manila

Partner in Service: ONE RAHA

PROJECT DESCRIPTION

Healthcare centers are committed to provide quality healthcare services to their communities. This is the primary aim of Bacood Healthcare Center. One of the health centers that we've donated with Vitamins to augment the immune system of the people living in that area. In this way, we were assured that they will protect from diseases.



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Name of Project: "DISTRIBUTION OF VITAMINS & FERROS SULFATE"

Name of host club: Y's Men's Club of RAHA Philippines

Venue: University of Sto. Tomas Hospital in España, Manila

Date: October 15, 2021

Beneficiaries: Patients and Staffs of University of Sto. Tomas Hospital

Partner in Service: ONE RAHA

PROJECT DESCRIPTION

The Hemodialysis Ward of UST Hospital provide the most optimum care specially targeted towards patients with acute and end-stage renal failure.

The primary mission of this facility is to provide the best quality healthcare possible especially to our less fortunate brothers and sister. As part of our advocacy, we donated vitamins to the needy to somehow or another lessen the patients' expenditures and this kind of service will definitely go a long way to support our needy



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Name of Project: "DISTRIBUTION OF CONTRACEPTIVE PILLS & FERROS SULFATE"

Name of host club: Y's Men's Club of RAHA Philippines

Venue: Jose Fabella Memorial Hospital in Lope De Vega St., Sta. Cruz, Manila

Date: October 15, 2021

Beneficiaries: Patients and Staffs of Fabella Hospital

Partners in Service: Lions Pasay City and RC Pandacan, Manila

PROJECT DESCRIPTION

Dr. Jose Fabella Memorial Hospital is a national maternity hospital, a maternal and newborn tertiary hospital located in Sta. Cruz, Manila. Here you could see how many patients shared in one bed and due to the scarcity of incubator, they have this Kangaroo Mother Care (KMC), a caring method to help premature and low-birth-weight newborns until they are able to survive without intensive. Due to uprising of population, the club donated contraceptive pills. This pill is a very convenient method of contraception to help mothers to control having so much children. The pill may offer some protection against pelvic inflammatory disease.



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Name of Project: WEEK4WASTE – A Clean-Up Drive
Name of host club: Y's Men's Club of RAHA Philippines
Venue: Brgy. ESCOPA IV, Quezon City
Date: October 16, 2021
Beneficiaries: Residents of ESCOPA IV Quezon City
Partners in Service: Brgy. ESCOPA IV, RC Pandacan and TP Presidents

PROJECT DESCRIPTION

Week 4 Waste Clean-Up-Drive (fogging, misting and road cleaning) in Barangay Escopa IV, Quezon city brings up all volunteers to be together for a purpose through the assistance of Barangay Chairman, Laila Arcega. The aim of this activity is to promote awareness of the proper sanitation and encourage all citizens to take greater care to their community areas. The said activities will also address the malaria and diarrhea which at that time is affecting the locals in the area.

Y's Mens RAHA Phil and Brgy. ESCOPA 4, Quezon City

Week4Waste
A Clean-Up Drive
At Barangay Escopa IV,
Quezon City
October 16, 2021 @ 7am

CP Maja Tindoy-Atayde
Club President 2021-2022
and
Barangay Council

Kap. Laila Arcega
Barangay Captain

Together with
Rotary District 3810 | SERVE TO CHANGE LIVES
Rotary Club of Pandacan Manila
Life Changing President
LCP Annalyn Ann "Anne" Hagoriles
END POLIO NOW
RELAY FOR LIFE Philippines Society
Project Chairman for Relay For Life
TP Analyn "Lyn" Tindoy
Rotary Opens Opportunities
and
the TP's Team



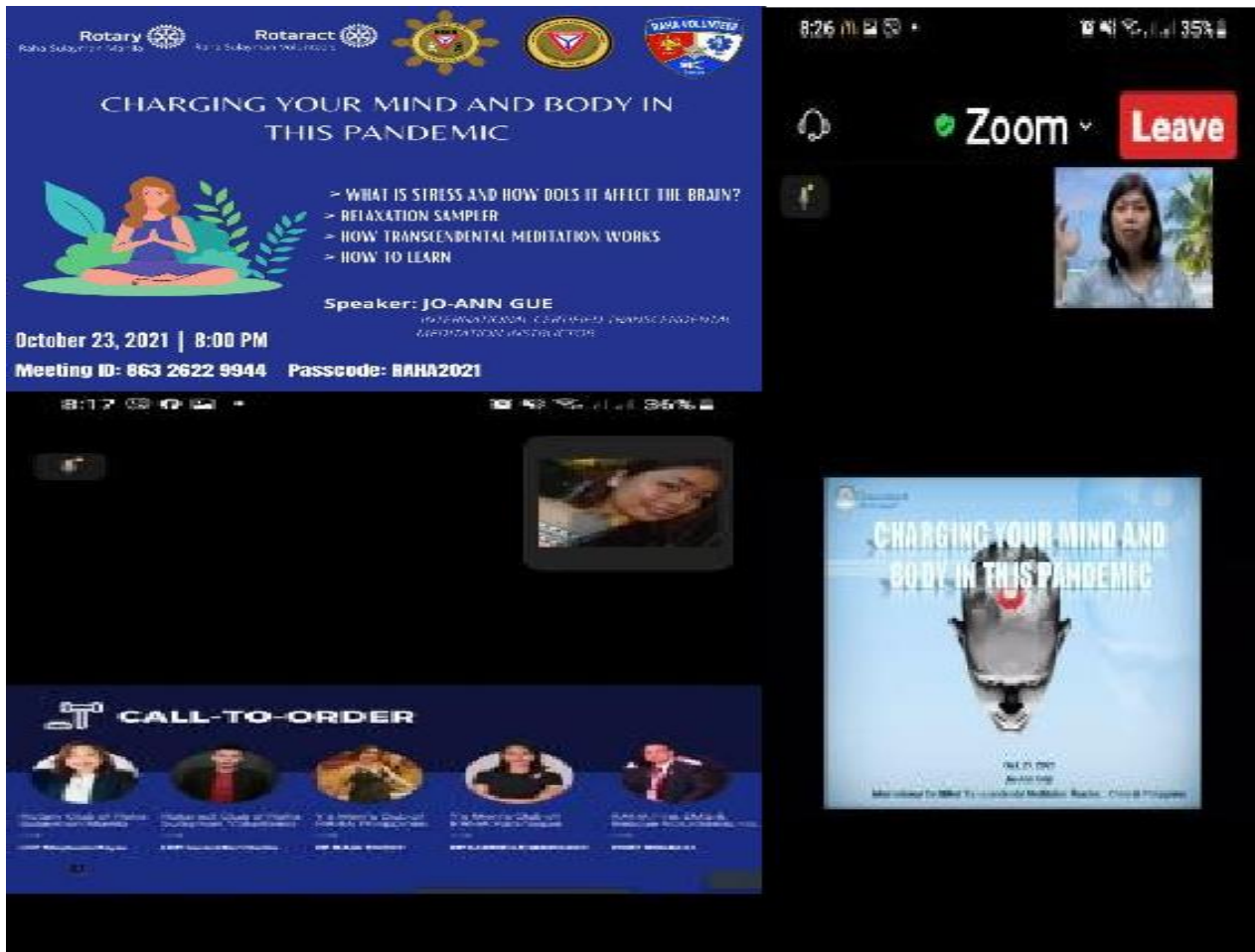
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Name of Project: CHANGING YOUR MIND & BODY IN THIS PANDEMIC
 Name of Host Club: Y's Men's Club of RAHA Philippines
 Venue: VIA ZOOM
 Date: October 23, 2021
 Partner in Service: ONE RAHA

EVENT DESCRIPTION

*During this difficult time, it's important to continue looking after your physical and mental health. This will not only help you in the long-term, it will also help you fight COVID-19 if you get it. Eating healthy and nutritious food helps your immune system strong and function properly. Proper nutrition and hydration are vital. Sedentary behavior and low levels of physical activity can have negative effects on the health, well-being and quality of life of individual's. Physical activity and relaxation techniques can be valuable tools to help you remain calm and continue to protect your health during this time. COVID-19 vaccines can also help keep you from getting seriously ill even if you do get COVID-19. Getting vaccinated yourself may also **protect people around you**, particularly people at increased risk for severe illness from COVID-19. Aside from the above, transcendental meditation technique can also use in avoiding distracting thoughts and promoting a state of relaxed awareness. It aims to achieve an inner peace and bodily calm.*



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Name of Project: "DONATION OF BOOKS TO DIFFERENT ROTARY CLUBS"
Name of host club: Y's Men's Club of RAHA Philippines
Venue: Marikina City
Date: October 26, 2021
Number of Beneficiaries: 250

EVENT DESCRIPTION

Reading books can change one's life. More so in donating books because you do not only spread the spirit of reading, you also make others happy by giving other people the opportunity to discover themselves that through reading, they could change their life. Knowledge is power.

The books that we've given to other organizations such as the RC of Quezon City Southeast, RC Manila Midtown, RC Sampaloc, RC Sta. Ana and RC Manila Crown will surely go to their indigent beneficiaries.



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