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MESSAGE FROM AREA PRESIDEN



Dear Members and Friends,

A very warm greeting and blessings for A HAPPY EASTER.

Easter is a very significant event in the Christian calendar as believers celebrate the resurrection of Jesus Christ three days after His crucifixion on the cross for the sins of man. We are called to reflect on God's love for mankind. By His grace, let us translate this love in our service to make a difference in the community.

It is coming to 13 months to the year when COVID-19 was declared a global pandemic. Lives have been lost; we pray for God's peace to be upon the grieving families. We also see disruptions to the global economic activities and the curtailment of in-person activities of clubs. I am thankful that our members have remained steadfast and have continued to reach out to the weak and vulnerable groups, extending a helping hand. I commend you for making a difference.

Despite the pandemic, I am happy to note that a new club of 25 members has been chartered in Hong Kong, Southeast Asia Region on 27th March 2021. I congratulate RD Joan Wong, Charter Club President Pinky Seung and her club members for successfully establishing the Y's Men's Club of New Territories East. It provides opportunities for strengthening your bonds of friendship through serving the community and supporting the YMCA.

The 29th Asia Pacific Area Convention is scheduled to be held this year in Tainan, Taiwan on 14th August 2021. Area Convention is an opportunity for members from the Area to meet each other, renew friendships, reinvigorating your service as Y's men and women. Regrettably, the reported waves of new variants of the pandemic seen in some countries, prevents the holding of the Convention in the usual manner with participants coming in person from the member countries. The Area Council has therefore decided to convene a hybrid convention to increase participation of members who are unable to travel to Taiwan.

The Roll Back Malaria, a UN Global Project that Y's Men International supports is the emphasis for April. I thank Taiwan Region for organizing a golf tournament to raise funds for this project. I like to take this opportunity to thank RD Frank Tsai and ISD/ASD-RBM Tony Liao for their fine efforts. I call on members to consider contributing to this Fund.

The Week4Waste will be launched in the week of 18th April 2021. This is an international project for members worldwide to play their part in caring for the environment through the collection of waste left in public areas. I am sure you will find this a meaningful project as responsible global citizens. I urge you to invite your friends and the community to join.

International program contributions are due in to IHQ by the end of May 2021 for this fiscal year. I appeal to all members to generously contribute to these worthwhile programs as well as the Paul William Alexander Legacy Fund, established to commemorate our Founder.

This month's Area Bulletin features the Southeast Asia Region which consists of clubs in nine countries. I thank RD Joan Wong and her team for their outstanding effort in sharing the rich history and activities of the Region.

The untiring effort of the Area Bulletin Team in organizing this monthly Bulletin is most commendable and well appreciated. They deserve our heartfelt thanks.

Please enjoy reading and do stay safe.

Warmest Regards,

David Lua



SOUTHEAST ASIA REGION - ACTIVE. UNITY & GROWTH

BY RD JOAN WONG, SOUTHEAST ASIA REGION



We are pleased to share our Southeast Asia Region's history and activities.

The name change of the Chinese Region into the Southeast Asia Region was approved at the 1961 Chicago International Convention, as the former had been inactive since 1945.

The Region is diverse, covering over 9 countries comprising Hong Kong, Macau, Singapore, Thailand, Malaysia, Myanmar, Bangladesh, Cambodia and Nepal. In our Region, we have different languages, religion, race and culture. Our current membership count is 481, but like other regions, we are also facing the aging problem. Many clubs are experiencing a low growth in membership while some new clubs are formed in developing countries in recent years, bringing new young generations into our movement.



Our immediate challenge is to ensure our membership does not decline and to revive existing non-active clubs. Meanwhile, we are actively working towards achieving growth through forming new clubs in more countries in the Region. This year, we had two new clubs chartered, one in Johor, Malaysia and another in Hong Kong.

COVID-19 is an ongoing challenge to us. We are unable to travel and meet with our clubs across borders. Instead, we keep close connection with each other via virtual mode. Our goals are aimed towards Challenge 22 and the 100th Anniversary. Hence, "Active, Unity & Growth" is our theme of the Region this year. Our slogan is "Let's Work Together" and as part of the Asia Pacific Area, we aim to make a difference as well.



CURRENT CLUBS IN SOUTHEAST ASIA REGION (AS OF APRIL 1, 2021)

HONG KONG DISTRICT

Current total of 15 clubs with 306 members

Country	YMC/YSC (Year)	Current No. of Membership
Hong Kong	Hong Kong Club (1932)	30
	Kowloon Club (1952)	15
	Victoria Club (1962)	14
	Peninsular Club (1968)	22
	Bauhinia Club (1979)	16
	Tsim Sha Tsui (1981)	14
	New Territories Club (1985)	30
	Island South Club (1988)	20
	North West Club (1997)	39
	Island East Club (2001)	25
	New Territories West Club (2010)	13
	New Tsuen Wan Club (2015)	11
	New Territories East Club (2021)	25
Macao	Macau Club (2005)	16
Nepal	Lumbini (2019)	16

Southeast Asia Total Membership: 481

SMIT DISTRICT

Current total of 15 clubs with 175 members

Country	YMC/YSC (Year)	Current No. of Membership
Singapore	Alpha Chapter Club (1980)	23
	Beta Chapter Club (1958)	18
Malaysia	Ipoh Club (1966)	15
	Kuala Lumpur Berbakti Club (1983)	10
	Silver State Club (2000)	22
	Johor Eagle Club (2020)	15
Thailand	Bangkok Club (1996)	15
	Chiangmai Club (1998)	18
	Chiangrai Club (2014)	8
	Lanna Chiangmai Club (2016)	5
Myanmar	Yangon Club (1959)	5
Cambodia	Phnom Penh Club (2018)	5
Bangladesh	Dhaka Central Club (2011)	No membership reported
	Dhaka North Club (2015)	since 2016
Nepal	Kathmandu Valley Club (2019)	16



HONG KONG DISTRICT EMBRACE CHALLENGE CREATE POSSIBILITIES

BY DG JOAN WONG, HONG KONG DISTRICT



Since the beginning of new term for 2020-2021, Hong Kong District had expected the COVID 19 pandemic would last for at least one year or longer that many district or club activities would be highly disturbed or suspended. The slogan of Embrace Challenge Create Possibilities was thus arisen. Although we were facing great challenge, we could create possibilities as long as we united. First of all, The District Council Meetings fully adopted virtual meeting which were held twice a month. Secondly, whenever every wave of pandemic was improved, we were able to grasp the opportunity to organize a few major activities. In September 2020, we changed physical eye care talk to a District Webinar which we invited a honorable Y's Men Dr. Jason Yam to give a talk on "Common Adult Eye Diseases In Different Ages"; Then in October 2020, a Speech Training was organized for club leaders and members which also attracted many members of Lion's Club joining the event; In November 2020, Ms. Vivien Lau, SBS, JP, Vice President of Sports Federation & Olympic Committee of Hong Kong & China shared a topic on "Youth Development in Sports Platform" in our Annual District Joint Meeting. During the period from December to February, Hong Kong experienced the most critical time of pandemic, but fortunately we were still able to organize our annual event Spring Dinner in March and on the same date we had a new club charter ceremony. More Y's activities are coming in Hong Kong District. Let's keep the momentum.



Dr. Jason Yam, Associate Professor of Department of Ophthalmology & Visual Science, The Chinese



Last year District Spring Dinner was cancelled due to pandemic, fortunately we could organize the event successfully.



Mr. Kenny Chan, the Past District Governor of Kong Lions Club International District-303- Hong Kong & Macao, China offered a speech training for Hong Kong Y's Men.

University of Hong Kong.



CLUBS IN HONG KONG HAD CLOSE PARTNERSHIP WITH YMCAS

FIGHTING PANDAMIC.

Although pandemic disturbed many club meetings, two third of clubs committed to provide relief COVID 19 programmes by working with YMCAs for distribution of blessings bags, food, necessaries, sanitizers, face masks etc. We appreciated the persistence on community service by clubs. Let's keep on creating possibilities.

Island East Club visited and distributed hot soup and face masks to 60 elderly who were home alone in November 2020.



New Territories Clubs donated mooncakes and fruit to a Chinese YMCA elderly centre in the Mid-Autumn Festival.



Island South Club warmly donated a small "Poon Chai (a traditional Chinese festival meal composed of many layers of food) to 130 home alone elderly before the eve of Chinese Lunar Year by collaboration with Chinese YMCA Kwai Shing Centre.



Tsim Sha Tsui had donated necessities to the community a few times over the year by cooperating with YMCA of Hong Kong.



Peninsular Club keeps on sending blessing food and stuff to YMCA which can help relief hundreds of low-income families.



Hong Kong Club donated 15,500 face masks to Chinese YMCA for distribution to different people in need.



Lumbini Club successfully awarded CHF 1000 from YMI COVID 19 Emergency Response Fund in June 2020 for organizing relief programme and education on awareness of COVID 19 in Nepal. Over 200 low income migrant families benefited.





REFLECTION ON THE COVID19 HIATUS

BY DG PETER TAY, SMIT DISTRICT



On April 7, 2020, the Government of Singapore implemented stay at home orders and cordon sanitarie as a preventive measure in response to the COVID 19 pandemic. It is now more than a year and almost all countries in the world have responded similarly with lock-downs, restricted movement orders and even curfews. Whilst these measures brought along many inconveniences such as reduced economic activities, less social interactions, minimized travels, it had also generated new ways of living such as internet communications, e-commerce, individualized meal deliveries, WFH (working from home) etc. which confirm the God-given creativity to the human race. In spite of the difficulties and inconveniences, as God's children, we are able to "think out of the box" and life goes on.

This hiatus also gives us the time to seriously reflect on our walk with the Lord. Three key events – the advent of COVID-19, the blockage of the Suez Canal and the train disaster in Taiwan are clear indications that ONE small item/event can bring disastrous consequences to a huge population. Likewise, in YMI, the efforts of ONE member or ONE club can bring great impact on its members and ecosystem but in a positive manner. Let me encourage you that no ONE idea is a poor or bad idea. With the proper attitude and execution, it can bring changes beyond our expectations. One example is our Week4Waste project – our ONE endeavoring effort to clean the environment will not be in vain as our exemplary conduct will be as contagious as COVID-19, as urgent as Suez-Canal blockage and as awesome as the Taiwan-train accident.

Let's give thanks to the Lord for giving us the ONENESS to serve in the Y's Men's Club and for all His provisions of creativity, innovation, and generosity towards the preservation of nature and this fragile Earth.



EXTENSION IN THE REGION 2020-2021

In the midst of COVID-19 crisis, the progress made in extension in Southeast Asia was unexpected and most joyful. On 20th August 2020, a new club in Johor, Malaysia was chartered in SMIT District. The ceremony was a mixture of virtual and physical. Charter President Desmond Lee was installed in Singapore by the late RD Lee Liat Cheng while club members were installed at the home of club advisor in Johor. Hong Kong District too saw a new club chartered on 27th March 2021. The charter ceremony in Hong Kong was held physically in a hotel. It inaugurated by international leaders via ZOOM. The younger membership, in terms of age in both clubs, has injected new impetus into the Region. Together, they have added a total of 40 members.

NEW CLUB IN MALAYSIA - Y SERVICE CLUB OF JOHOR EAGLE

The Y Service Club of Johor Eagles was envisioned in 2019 by then APE David Lua together with PAP Edward Ong and Professor Stanley Cheng who had the aspiring mission to establish YMCA in Johor in the near future. The Club's vision is to build a team of multi-generational Eagles to serve the needs of the community and to impact the marketplace in Johor and the nations with faith, hope and love.



Its aim is to soar together and serve others with innovations, effectiveness, efficiency and efficacy to achieve excellence. The current members are mostly below 40s with the heart to serve the community.

The talents are young musicians, entrepreneurs, and IT professionals, etc. By Charter President Desmond Lee

NEW CLUB IN HONG KONG - Y'S MEN'S CLUB OF NEW TERRITORIES EAST



The Y's Men's Club of New Territories East was chartered successfully on March 27, 2021 by RD Joan Wong who is concurrently the District Governor of Hong Kong District. The Club was sponsored by the Y Service Club of Lumbini and the Y's Men's Club of Island East.

The new club has a total of 25 members, all of them are talented people with diversified background from the business sectors. They share the common values & vision to serve and make a difference in the community.

The officiating ceremony held at the Panda Hotel, Tsuen Wan, was graced by the following international leaders on ZOOM, namely:

David Lua, Asia Pacific Area President, Jose Varghese, International Secretary General, Hiroyuki Tanaka, Immediate Past Asia Pacific Area President, Ohno Ben Tsutomu, Asia Pacific Area President-Elect, PAP Edward Ong, ASD-EMC, Dr. Rev PJ John, RSD - CE

The auspicious event was also graced by PAP, PRDs, PDGs, Club Presidents, VIP guests Peter Ho, CEO of YMCA of Hong Kong, Kenny Chan, PDG of Lion's Club who attended the ceremony physically and on ZOOM including PRD Alexander Chan and PRD James Kong. By Charter President Pinky Seung



Y'S DOM SPREADING IN MYANMAR

An extension team was established in the Southeast Asia Region which include AP David Lua, ASD-EMC/PAP Edward Ong, ASD-YL Kohei Yamada, RD Joan Wong, RSD-Ext James Kong, DG Peter Tay, RSD-YL/DGE Rachan Maneekarn and RS Deepak Bhandari made a great effort on the extension in Myanmar. With the utmost help from National Myanmar YMCA, Loikaw YMCA, Myitkyina YMCA and Mandalay YMCA, four potential Y's Men's clubs successfully formed & scheduled to charter by the end of March 2021, unfortunately, the military coup in Myanmar forced the Y's Dom suspended.



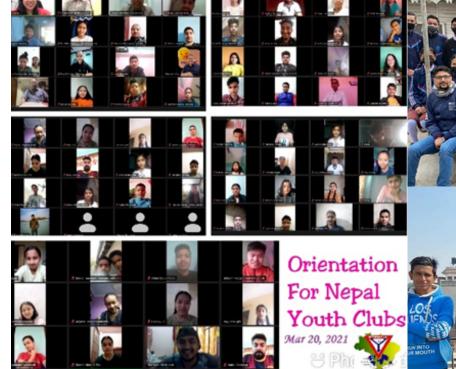
In view of the uncertain political situation and uneasy atmosphere in Myanmar, the Region and the extension team put aside the plan but show our caring and keep hard praying for them always. The seeds of Y's Dom is still in Myanmar. Clubs in Hong Kong, Thailand and Singapore are ready to sponsor and support. God bless YMCAs & Y's Men in Myanmar.





NEW YOUTH CLUBS IN NEPAL 2020-2021

Youth clubs have been dormant for many years in the Region. Youth activities are now reactivated following the successful launch of three youth clubs with a total of 63 members in Nepal. The concurrent formation of the three youth clubs is evidence of the amazing effort of our enthusiastic Lumbini Club President and Regional Secretary Deepak Bhandari. The three youth clubs: Y Service Club of Samanta School, Y Service Club of Lumbini & Y Service Club of Kawasoti were sponsored and supported by YSC Lumbini which provided the orientation and are organizing a charter ceremony by the end of May 2021.







A GREAT PARTNERSHIP MODEL

SINGAPORE ALPHA CHAPTER'S STRONG SUPPORT OF YMCA LOCALLY AND ABROAD

The International Y's Men's Club of Singapore (Alpha Chapter) lives up to its mission to support the YMCA. Since its charter in 1980, it has raised funds for various causes promoted by the YMCA of Singapore including raising funds for the rebuilding of the YMCA building and providing sponsorship to the annual YMCA Plain English Speaking Program as well as the annual YMCA Silver Fiesta Program for the elderly in the community. The outbreak of the COVID-19 pandemic in 2020 had resulted in such in-person programs to be put on hold. Migrant workers and low income groups were most adversely affected by the lockdown introduced by the Singapore Government to contain the spread of the virus. The Club responded and raised funds from its members towards the YMCA of Singapore's "Wok The Talk Project" which mobilized volunteers to deliver cooked food purchased from hawkers to migrant workers, the elderly and the low income groups.



Indian Food Hawker Stall

Food Distribution to a Migrant Worker Alpha Members attended the YMCA Silver Fiesta Program.

In 2016, following the visit by some of its leaders to Cambodia YMCA, Alpha Chapter felt the need of the children attending CYMCA's Street Children Programme to be properly nourished. The goal of the Program is to change and empower the children from poor families mostly along the railway tracks by addressing their education, providing primary schooling, and extending to higher level according to their ability. The Club decided to sponsor the provision of cooked food to these undernourished children. This is an ongoing support of a YMCA beyond its shores.

By CP Daniel Ng, Y's Men Club of Singapore (Alpha Chapter)



Y'S MEN'S CLUB OF BETA CHAPTER CONTRIBUTES WITH GOOD CHEER TO MIGRANTS IN SINGAPORE

As part of the Deepavali celebrations in November 2020, 500 boxes of biryani donated by our Club President, Mr. Clarence Ling and Mr. Muruku snacks by Y's Men Club Beta Chapter Singapore were distributed to the 2 migrant worker recreation centers over two days.

In total, the Y's Men Beta Chapter, together with another non-profit organization, Crisis Relief Alliance (CRA) had prepared 10,000 care packs for distribution to about 80 other smaller dormitories in Singapore. Twenty volunteers from all walks of life gathered wearing masks and face shields, to assist in giving out the food and necessities.

Both recreational centre events were planned within a week, with PCP Ym Dr. Samuel Yeak, 57, helming the team of volunteers. Donations poured in from all avenues, including Allspice Institute, a culinary school headed by Club President Mr Clarence Ling, and Foochow Methodist Church. A session of bhangra dancing was celebrated with good laughs for both the volunteers as well as the workers at the centre.

Dr. Yeak said with a chuckle, "I'm relieved that everything is finally coming together; it's so meaningful to be able to bless them during this time."

"It really blows the mind when you think of how many migrant workers we actually have in Singapore. We don't usually see them because they're often staying in places that are off the beaten path," he said.

Good cheer prevailed. Hearty laughter accompanied packets of biryani and muruku snacks, all washed down with beer.

Following Deepavali 2020, Y's Men Beta Chapter continued to collaborate with Crisis Relief Alliance to provide delicious authentic biryani, assortment of quarter oat biscuits and essentials for the pandemic to the thousands of migrant workers. These occasions include Christmas 2020, Chinese New Year 2021 and Easter 2021 too!



Beta Chapter Club offered games for migrant workers during Christmas.





Deepawali Bhangra Dancing



Y'S MEN'S CLUB OF NORTH WEST DEDICATED TO CHILDREN EYE CARE FOR YEARS

Y's Men's Club of North west had dedicated to CUHK Jockey Club Children's Eye Care Programme for many years. The programme was sponsored by the Hong Kong Jockey Club Charities Trust. The aim of the programme is to find out and identify eye problems and eye diseases amongst aged 6 to aged 8 children especially from lower income families by providing free eye check service. Since 2015, over 155,00 children participated in the programme and more than 4,000 families in Hong Kong have benefited from the charity comprehensive eye examination at the CUHK Eye Centre. Over the years, North West Club served a major partnership with CUHK Eye Centre and be responsible for coordination of participating schools and volunteers shift duty in the eye centre every weekend. By CP Leo Chiu , Y's Men's Club of North West



Kick- off Ceremony



The Programme was led and supervised by Y's Men Dr. Jason Yam

Y SERVICE CLUB OF LUMBINI "EDUCATION FOR ALL"

In collaboration with the NGO Serve People, Y Service Club of Lumbini regularly donated school bags and education materials to those children who are under privileged or suffered from disaster in Nepal. In these two years, over 400 children had benefited from this programme. In order to support the continuation of education for children, the club is assisting in looking for donors to subsidize those children who are orphanage or lost parents. During the critical moment of COVID 19 in Nepal, members of Lumbini club visited the families of needy children and donated some warm clothes, food or necessities to express the love and blessings to the children so as to support their education.

By Y Service Club of Lumbini







NEW INITIATIVES: MONTHLY PRAYER MEETING

Technology can bring us easily together. Since December in 2020, Southeast Asia Region had launched a monthly prayer meeting. It is one of the Christian emphasis programmes led by RSD-CE Rev Dr. PJ John. The purpose of meeting is to gather all Y's fellows from different countries and create a fellowship platform which can share their lives and pray together regularly.

We invite different people to share devotion every time. One of them was Past International Secretary General Takao Nishimura. AP David Lua and PAP Edward Ong greatly supported us always. We used to pray for those Y's Men who got infected and suffered from COVID-19. In recent months, we continue caring and praying for Myanmar which Y's Men and National YMCAs from Myanmar were invited .





In response to YMI Cleaning Up Project, the Region had formed a Task Force Committee which was chaired by RSD-CS/PRD Patricia Lim. Each country has a representative in the committee. The duty of the task force is to promote Week 4 Waste to districts and clubs as well as collect the pictures of cleaning up activities. For the effectiveness, the Region designed a logo and produced a reusable face mask for Y's Men purchasing.

CLEANING UP PROJECT STARTED FROM Y'S MEN'S CLUB OF CHIANGMAI

The Y's Men International initiated the 'Week4Waste Project', and Great Global Clean-Up Program during 18 – 25 April 2021, which coincides with WHO, Earth Day. In Chiangmai, the Governor has announced an order to strictly measure and control communicable diseases from 9 to 30 April 2021 so as to reduce the numbers of COVID-19 infected people which has been rapidly increasing of late. As a result, the Mae Kha Canal Cleaning Project, the flagship'Week4Waste' of Y's Men's Club of Chiangmai has to be postponed. It will be implemented when the situation improves.

Nevertheless, Chiangmai Clubs are undaunted by the COVID-19 situation and has kept up their commitment to implement the Week4Waste alongside the Lanna culture by maintaining Social Distancing in cleaning up the households a few days before 13th April, the best-known day of Sang-khan- long, the first day of Songkran festival which is the traditional Thai New Year. In preparation for the New year, people generally clean up their homes, and bodies to chase away their old spirits, and their sins, and start welcoming all good things that will be coming in the new year. By RSD-YL/DGE Rachan Maneekarn





MORE WEEK 4 WASTE ACTIVITIES ARE COMING......

Hong Kong: Cleaning Up Sea Shores By Riding Dragon Boat Cleaning Up the Beaches at Tsuen Wan District lpoh, Malaysia: Recycling Collection - A Charity for Single Mothers Chiangmai, Thailand: Cleaning Up Markha Canal Y Service Club of Lumbini : Cleaning the River and Schools GREEN ACTIVITIES PAGE 13

GREEN ACTIVITIES & THE ENVIRONMENT

BY COLIN LAMBIE ASD BE/GREEN ACTIVITIES & ENVIRONMENT

In an IPCC special report; Mitigation Pathways Compatible with 1.5°C in the Context of Sustainable Development.

'Under emissions in line with current pledges under the Paris Agreement (known as Nationally Determined Contributions, or NDCs), global warming is expected to surpass 1.5°C above pre-industrial levels, even if these pledges are supplemented with very challenging increases in the scale and ambition of mitigation after 2030.

This increased action would need to achieve net zero CO2 emissions in less than 15 years.

Even if this is achieved, temperatures would only be expected to remain below the 1.5°C threshold if the actual geophysical response ends up being towards the low end of the currently estimated uncertainty range.'

Hence the countries pledging to become carbon neutral by 2050 (some sooner, some later, some have not made a pledge) are just NOT good enough to avoid the humanitarian disaster that is predicted.

We cannot rely on governments, we must act as individuals, organisations, communities.

Becoming carbon neutral by 2030 (or any other time) starts with the benchmark, or current carbon footprint. This is calculated by determining the electricity, gas, water, etc consumption and also the amount and type waste produced. Travel, in particular flying and cruise ships also contribute to our carbon footprint.

The greenhouse gas or carbon emissions from the use of electricity varies from country to country, and effectively within each country. For example, I am in Victoria, Australia, which generates its electricity by burning lignite or brown coal. The emissions per unit of electricity used is about 1kg per kWh, which is probably the highest emissions per unit of electricity in Asia–Pacific, and among the highest in the world. BTW – I buy 100% green (zero carbon) energy.

Determining the carbon footprint of an individual or organisation is determined using a carbon footprint calculator (many exist - APAY use one developed by me for Asia-Pacific).

Having determined what are the contributors to the carbon footprint, the next step is to develop a plan to reduce as much of the emissions as possible, e.g. by reducing use of fossil fuels, and the last resort is to offset the rest, eg invest in tree planting or similar.

In the next bulletin there will be an example of a plan to become carbon neutral.

MESSAGE FROM THE EDITOR

This month the focus is on South East Asia (SEA) Region. Next month the focus will be on Sri Lanka. The following month the focus will be on Taiwan.

We also want articles about programs as follows:

May Bulletin - Week 4 Waste (W4W), Image Building & Branding, Youth Involvement & Activities (YIA) June Bulletin - YMCA Liaison (YL), Performance Analysis and Evaluation & Planning for the next year. ASD PR Andy Fu regularly posts stories and information on the Area Facebook page; have a look at it.

THIS BULLETIN CAN BE READ FROM THE SCREEN - NO NEED TO PRINT.

- Colin Lambie, Bulletin Editor

FOR IC 2022 IN HAWAII

Submit expression of interest to AP David Lua & AS Keiko Tonegawa

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