



MARCH 2021, VOLUME 1, ISSUE 5

Y'S MEN INTERNATIONAL ASIA PACIFIC AREA MONTHLY E-BULLETIN

THEME: MAKE A DIFFERENCE SLOGAN: INSPIRE



(Top) 25th Asia Area Convention hosted by the Philippine Region. (Bottom) Servant Leaders in Action. Past Regional Director Cip Guarin and Past Club President Terry Conly during the regular clean up drives in Makati YMCA Green Community.



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The Philippine Region TROIKA; IPRD Angelito Pua, RD John Lim who passed away in the middle of his term and RDE now RD Ruben Siao.

MESSAGE FROM AREA PRESIDENT



Dear Members of Asia Pacific Area

A very warm greeting to all of you.

We are now into the second semester of the Fiscal Year 2020/21. The International Mid-Year Meeting 2021 held from 19th to 21st February 2021 and the Asia Pacific Area Mid-Year Area Council Meeting 2021 held on 28th February 2021 were successfully concluded.

The International Mid-Year Meeting was held to review the activities for the first half year. Unlike past years where attendees were only IEOs and APEs, the Meeting this year included the Area Presidents and International Service Directors. The results of the election of the International Officers for 2021-22 were announced during the Meeting. We congratulate PAP K.C. Samuel from India Area on his election as the IPE (2021-22) and PDG Shen Chi-Ming (Charming) from Taiwan Region on his election as the APE (2021-22). A more detailed introduction of APEE Charming Shen can be found in this issue of the Area Bulletin.

The ASP Area Mid-Year Meeting this year was convened as a Council Meeting. The next Council Meeting will be held in May 2021. Significant decisions affecting members are:

- The waiver of Area dues and NDERF contributions from members age 35 years and below;
- The formation of important working committees and task forces with the involvement of experienced leaders and younger leaders from all Regions;
- Approval of three Centenary Celebration Projects. The primary objective is to strengthen the networking of members in the Area. These projects will also provide opportunities for interactions, inspiring one another to make a difference.

The three projects are:

- ASP Food & Heritage Competition;
- ASP Songwriting Project
- An Area Green Energy Social Enterprise.

I thank PICM Dr. Ramona U.J. Morales for her painstaking effort in compiling the rich history of the Philippine Region and its glorious days for this Issue. My appreciation too for the hard work of the Region's leaders in collating the vast amount of information on its activities, past and present. The outstanding work and selfless service of the members in the Region and the election of one of its leaders, PIP John Choa as the International President in 2004 should inspire all of us to make a difference in impacting lives under the Y's Men banner.

Once again, a BIG THANK YOU to the Area Bulletin Team for the publication of the March 2021 Issue of the Area Bulletin.

Enjoy reading and please take care,

Warmest Regards



CONGRATULATIONSTO APEE!

Congratulations to PDG Shen Chi-Ming (Charming) from Taiwan Region on his election as ICME (2021-22)/APE (2021-22).

APEE Charming Shen, 70, a businessman, is a member of 30 years in the Taiwan Region. He has held various leadership positions, including that of Club President and District Governor. He also served as a Regional Service Director, covering different portfolios over the years. A dedicated and committed Y's Man, Charming has been active in developing brother clubs, domestically and overseas. He was an active member of the host committees responsible for organizing many successful Area and International Conventions including the Asia Area Convention 2011 at Yilang and the International Convention held in 2016 in Taipei, Taiwan.



In 2019, Charming established the Y's Menette Lily Chen Welfare Fund with NTD1,000,000 (USD 35,000) in memory of his beloved wife who passed away in January 2019 due to a sickness. The Fund was formed to promote good health, assist members in providing medical aid and to promote education, among others. He had also sponsored various community service projects.

He looks forward to playing a big role in the Centenary Celebration of YMI in 2022 when he becomes the Area President. His emphasis will be on extension and community service based on the teachings of Jesus Christ that will impact lives and lift the spirit of Y's men to greater heights.



PHOTO WITH PAP HSIAO TUNG-MING
AAC IN MANILA, PHILIPPINES



CERTIFICATE AWARD TO TOF PRIZE WINNERS

MESSAGE FROM THE EDITOR

This month the focus is on the Philippine Region. Next month the focus will be on South East Asia (SEA) Region. The following month it will be Sri Lanka's turn, then Taiwan.

We also want articles about programs as follows: for April bulletin - UN Projects & Roll Back Malaria (RBM); for May bulletin - Week for Waste (W4W), Image Building & Branding, Youth Involvement & Activities (YIA); for June bulletin - YMCA Liaison (YL), Performance Analysis and Evaluation & planning for the next year.

ASD PR Andy Fu regularly posts stories and information on the Area Facebook page; have a look at it.

THIS BULLETIN CAN BE READ FROM THE SCREEN - NO NEED TO PRINT.

- Colin Lambie, Bulletin Editor



LOOKING BACK, MOVING FORWARD, PHILIPPINE REGION

The Philippine Y'sdom history dates back to 1927 when the South China District organized a club in Cebu, Philippines, where the Spaniards brought Christianity in 1521. Club organization was facilitated through Stephen Pronko, YMCA General Secretary. It functioned until 1933; was reorganized in 1936 under Conrado Sabelino, Cebu YMCA Executive Secretary and Everette Stanton Turner, National General Secretary of the Philippine YMCA. The club acted as a campaign team in the Y financial drives, functioned until 1939; its progress was interrupted by World War II when Cebu was destroyed by the Japanese bombardment.

The modern history of Philippine Y's dom begun when the Y's Men's Club of Manila was organized on April 4, 1941, thru the initiative of Domingo C. Bascarra, who later became the first Filipino General Secretary of the YMCA of the Philippines. At the invitation of Bascarra, twelve men met at the National Office of the YMCA of the Philippines to hear Dr. E.S. Turner, National General Secretary, explain the meaning of Y'sdom. After listening to Turner, these twelve men organized themselves into a club, adopted a constitution which was approved on July 19, 1941.

The inauguration of the club scheduled for Christmas 1941 was not held; the war broke out on December 8. During the Japanese occupation of the country the members of the club continued to serve the YMCA, providing leadership for its various civic and relief activities.

After World War II, the pre-war officers reorganized on August 1, 1945 at the temporary headquarters of the YMCA of the Philippines. The Y's Men Club of Manila was granted its charter by the International Association on August 3, 1946, and thereafter became the largest Club in Y's dom.

After its reorganization, the Y's Men's Club of Manila set as one of its objectives, securing for the Philippines to become a Region. A request for regional status was presented to the International Board of Directors in Bradford, Pennsylvania in August 1946. The board agreed to grant the Philippines its own Region once five Clubs had been organized and duly chartered by International.

By the 1947 Toledo Convention, there were five chartered clubs in the Philippines thus, the Philippine Region was created and Alvaro I. Martinez, then Secretary of the Y's Men's Club of Manila, was elected its first Regional Director. In 1949, Manila was the winning Club and the Philippines was the winning region in the Bennett Trophy Competition.

At the 1949 Minneapolis Convention, Martinez was elected the first Intercontinental Vice-President of International and Mauro O. Baradi was chosen to succeed him. Baradi was succeeded by Lt. Col. Celestino C. Juan of Manila at the 1951 Cleveland Convention. The 1952 Banff Convention elected Sixto Domondon, Charter President of Baguio Club, as Regional Director.

While serving as Intercontinental Vice President, Alvaro Martinez felt that Y's Men Philippine Region should express in a tangible manner their devotion to the movement. Under his promotion, sufficient funds were raised to purchase a plaque entitled "Birthplace of Y's dom", which was placed in the lobby of the Toledo Central YMCA in 1959.



CENTRAL YMCA, TOLEDO OHIO, USA

The spread of Y'sdom throughout the Philippines was rapid. New clubs were formed in:

LUZON:

1946 - Lucena, Quezon and Laoag, Ilocos Norte

1948 - Baguio

1950 - San Pablo, Laguna and Manila Downtown

VISAYAN ISLANDS:

1947 - Iloilo

1948 - Cebu (re organized)

1952 - Pulupandan, Negros Occidental

1956 - Bacolod, Negros Occidental

MINDANAO:

1948 - Davao

1955 - Cotabato City



THE GLORIOUS YEARS

Thus, began a long distinguished and effective program of service to the YMCA and the community, including:

- (a) Financial campaigns for such worthy causes as the YMCA, Philippine National Red Cross, National Orthopedic Hospital, Fort McKinley Veterans' Hospital, the Settlement House, aid for families of the combat team which fought in Korea; and the Diphtheria Vaccine Fund drive;
- (b) Sponsoring YMCA underprivileged boys' camps and sending poor but deserving students to the many YMCA student conferences;
- (c) Presentation of gift packages of cloths, foodstuffs and recreational aids to the patient of the Culion Leper Colony, distribution of milk among children's' home; and donation of funds for the relief of fire victims of Tondo;
- (d) free-Learn to Swim campaign of the YMCA;
- (e) citations to ten outstanding members of Manila Police Department;
- (f) preparation and distribution and publication in newspaper of voter's guide during three Presidential elections to help voters evaluate candidates;
- (g) In 1953, a loyalty scroll was presented to General Emilio Aguinaldo, First President of the Philippine Republic, then 87 years old.
- (h) In 1953, a number of the clubs in the United States and Canada sent packages of seeds to the Philippine Y's Men in order to augment the diet of rice and more balanced milk for fuller nutrition. In the same year, Y's Men of Davao began a project of helping needy boys earn money by shining shoes; the club also sponsored a hog-raising project as part of a "more-food drive".

"A great number of Y's Men served on the boards of all the Y.M.C.A.'s in the Philippines. There are cases where the majority are Y's Men. This is because membership in a Y's Men's Club serves as an effective means of training for board membership in the Y.M.C.A. This has also the effect of continually preparing younger Men for greater responsibilities in Y.M.C.A. management." In the January-February, 1966 issue of the Y's Men's World, a 5-page article appeared in tribute to "Bascarra - A Man of and for the Y."



During its Charter Anniversary program in 1962, the Y's Men of Manila adopted an Official song, composed by Y's Man Sonny Vidallon, which was printed in the November-December 1967 issue of the Y's Men's World.

In 1962, the Davao Club was the World's Largest Club with 127 members and placed first in the Bennett International contest. In 1963, the Bennett Trophy was won by the Philippine Region for the second successive year; the top four clubs won the Bennett Trophy were from Sta. Ana, Dumaguete City, Iloilo City and San Carlos City. In 1964, the San Carlos Y's Men's Club won first place in the Bennett Trophy Contest.

As a result of Club Extension Emphasis, the Philippine Region, with the largest membership, had notable record in the Bennett Trophy Competition. The Philippine Y's Men have been enthusiastically active in service to their community. A detailed account of the various projects would require extra volumes.

In the area of World Outlook, the Philippine Y's Men have also had some remarkable experiences:

- 1) The Philippines was featured in the regular "Toast to the Nation" Program of the Hyderabad Y's Men's Club of India on October 8, 1964.
- 2) Immediately after the Taal Volcano blew up in September, 1965, the Manila Y's Men were one of the organizations to answer the call for a nation-wide food campaign. Contributions were received from the:
 - a. The Japanese Region
 - b. Three Hong Kong Clubs
 - c. The Nuuanu, Honolulu Club,
 - d. The Australian Region and
 - e. The Lakewood, Ohio Club.

At that time, the relationships between the Philippine Y's Men and the YMCA have been mutually cordial and strong, with many Y's Men serving on boards and committees of the YMCAs;

- 1) In 1955, Dr. Manuel Magboo was elected a member of the Executive Committee of the World's Alliance; was re-elected in 1959.
- 2) In 1959, the National Convention of YMCA adopted as a platform that the organization of Y's Men's Clubs be intensified and that these Clubs, particularly those in non-YMCA areas, be requested to handle as a project of Hi-Y Club and College-Y Clubs and setting up of YMCA Work Camps and Youth Conferences in their areas.
- 3) In 1963, the Elmer Crowe Award was presented to Harris B. Yii, District Governor for Greater Manila-the previous winner having been Ruperto Demonteverde, later International Vice-President, from the Mindanao District.
- 4) In 1966, the Manila Y's Men entertained Past ID Arthur Cowling of the Australia/ New Zealand Region, and Sherman Harmon of Philadelphia, U.S.A., International Chairman of the Commission on Organization Relationships.

The Philippines Y's Men participated extensively in the First (Hong Kong, 1957), Second (Tokyo, 1959), Third (Singapore, 1963), Fourth (Melbourne, 1967) and fifth (Seoul, 1971) Asian Y's Men's Conferences.

It is of note that the Y's Men movement in the Philippine Region during the early years was a family club. Every Y's Man involved his wife (as Menette) and children (as Y'slings) in the club, district and regional activities and projects.

As history reflects, the glorious years of the past placed the Philippine Region as one of the pillars of the Y's Men International movement. Our leaders were trailblazers; their dedication was equally matched with vision and action resulting to a healthy club life. Clubs were sprouting and expanding all over the country. Y's Men was a prestigious partner organization of the YMCA and never faltered in their service to the community. Membership to it was a privilege and a pride.

THE DEVELOPMENT COMMISSION

The happy days could not just stay forever as would have been desired. Problems and challenges confronted in the early seventies. Club formation and growth slowed down. Leadership with capabilities were obviously much needed; consequently, membership involvement & support vital to the life of the club was diminishing; often it was unreliable.

Following the normal curve probability, the years of Philippine Y'sdom sadly had its ups and downs; the glorious years were seen until the late 70's.

The socio-political turmoil of the country in the seventies; starting with the Martial Law declaration, seems to have triggered the weakening of the clubs in the Philippines. It affected the economic capacity of the members as well as the morale; spirits were greatly shaken. The social environment was intimidating with the military presence everywhere; people feared of being tagged mistakenly.

The 80's sustained a plateau of club life until the later part when membership, even programs were progressively declining. The threat itself beckons many challenges to the leaders and members who feel that something can be done. With leadership's unyielding spirits and persistence, clubs were energized; meetings with fellowship and community outreach activated.

When the Martial Law was lifted in 1986, YMCA in Takatsuki, Osaka invited some Filipino YMCA members to participate in their activities. The solemnity of the affair stirred the interest of Filipino delegates to join the local Y's Men's club once they got back to the Philippines.

Witnessing the enthusiasm of these new Y's Men, the Philippine leaders captured the moment and challenged these Y's Men to strengthen the Region.



Y's Men from the Philippines (with ribbon); Ric Alindayu, Ramona Morales, Mahal Del Mundo, Manny and Sol Cobarrubias and Citong Patacsil.

Several consultations followed; then, the Development Commission was organized on November 20, 1987. Club visitations/consultations, trainings and fellowship activities were conducted, service-oriented projects were executed in the span of three (3) years. The visibility of the commission in the clubs and dialogue with local leaders resulted to the significant membership increase.



Y's Men's Club of Manila General Membership Assembly with Justice Francis Garchitorena, a High Value Speaker on governance.



Manila Downtown Y's Men's Club General Membership Meeting. Shown is IP Arvid Malme with Manila Downtown Y's Menettes and Philippine Region officers.



However, the development was not sustained because some of the Commission’s proposals, although approved, were not implemented, such as maintaining a Regional Office and a Regional Staff, and increase membership dues and regular club visits and the conduct of leadership training was erratic.

A proposal to raise the membership dues was not acted upon. This increase was intended to cover the increasing travel costs, regional trainings and the Region’s office. This could be a major factor in the decline. Only leaders, who travel at their own expense, is observed to have maintained an active Region. In addition, the heavier traffic caused by the country’s population increase, may have diminished the people’s free time to join extra-curricular activities. Value of money was better then.

Despite this declining picture, few mission-focused leaders remained steadfast and continued to think of ways to keep the Region afloat.

COUNCIL OF ADVISERS

Recognizing the experience of past leaders/ officers and recognizing the value of their wisdom, incumbent regional officers created the Council of Advisers composed of all Past Regional Directors. Its function as defined in the Region’s 1991 Constitution and By Laws, was to advise/support, the Regional Board on the interest and welfare of the Region.

One case in point; in 1999, an RDE was not allowed to take over the position of RD due to actions inimical to the Movement. Such Council’s decision was unanimously approved by the Regional Body.

THE NEW MILLENIUM

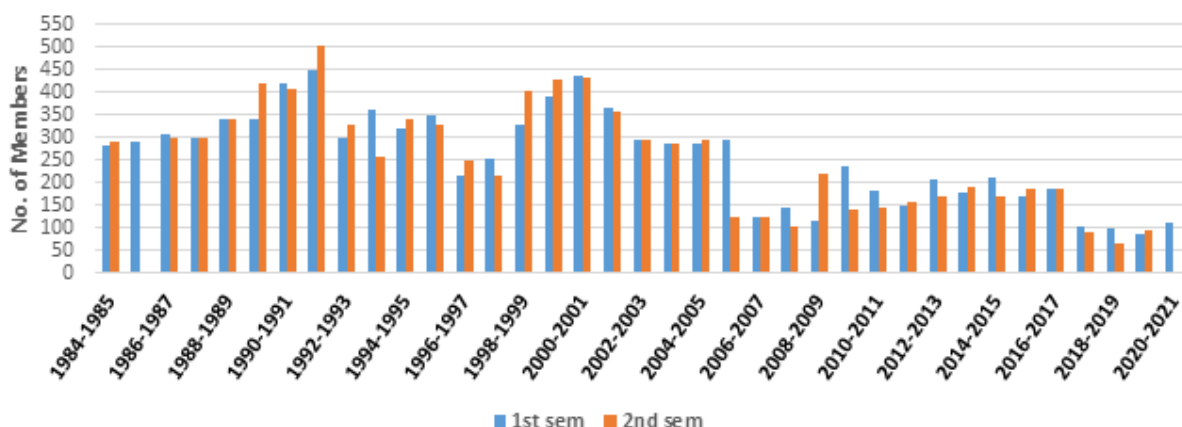
Starting 2001, the membership again started to decline with no specific attributable cause except the ageing membership. Youth invited were not attracted to join; Y’slings and families were no longer involved. In addition, members may lack a deep appreciation of the movement.

The continuing membership decline was a discussion during District and Regional Conferences. The prohibitive travel costs became a challenge to visit clubs in the islands. It is a general observation that even visiting Area or International leaders became confined to the bigger islands; depriving local clubs in the far-flung areas to interact in fellowship with these leaders; a demotivating factor. This and a few others, prompted well-meaning leaders to rethink on how to respond to these challenges.

In the 2010 Regional Convention, Visayas-Mindanao leaders proposed for the division of the Philippine Region into two Luzon in the North and Visayas-Mindanao in the South; to address the noted problems and achieve a more practical management and an easier access/monitoring of districts and clubs. In principle, it was approved, but the plan never materialized; the details of strategies was not pursued, nor was it agreed on who will lead the move. Some thought, this could be a complicated process.

Thus, the saga of ups and down continued and the trending is a hard truth to embrace. As we must not neglect to honor the inspiring past, we should face with pragmatic stance of the present situation while we remain steadfast to re-capture the hope of a promising bright future.

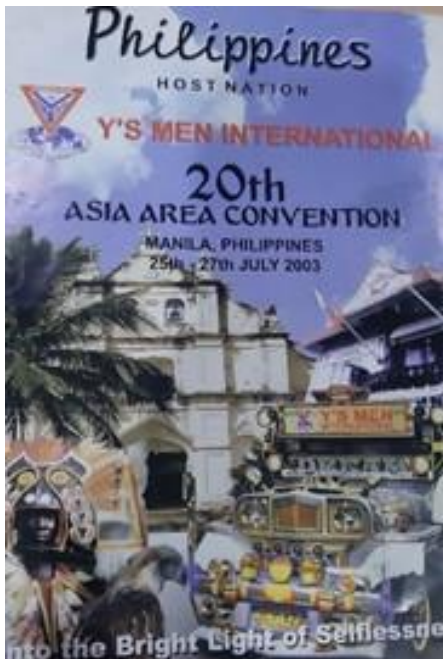
No. of Members Through the Years by Semester



Year-Term	#s of Members		#s of Clubs		Regional Director
	1st sem	2nd sem	1st sem	2nd sem	
1984-1985	284	290	14	15	Franklin Demonteverde
1985-1986	290	290	15	15	Romeo D. Laig
1986-1987	307	300	18	16	Leopoldo T. Causing
1987-1988	300	300	16	16	Reinaldo C. Bautista
1988-1989	342	342	16	16	Evelio Leonardia
1989-1990	342	417	16	20	Miguel S. Aguirre
1990-1991	418	405	20	18	Wilfredo S. Damian
1991-1992	448	500	19	21	Ramona UJ Morales
1992-1993	300	328	12	14	Rene Cristobal
1993-1994	362	259	16	9	J.P. Diaz
1994-1995	318	339	12	12	John L. Choa
1995-1996	347	326	11	13	Medario R. Rivera
1996-1997	216	249	9	25	Aniceto Patacsil
1997-1998	254	214	19	17	Ben Tayabas
1998-1999	326	404	20	22	Efren Veneracion
1999-2000	391	426	22	24	Efren Veneracion
2000-2001	435	430	24	25	Domingo C. Yap
2001-2002	365	358	21	22	Cris Caparoso
2002-2003	295	295	18	18	Francisco "Kit" Villarín
2003-2004	285	285	18	18	Larry Chan
2004-2005	285	293	18	18	Philip Choco
2005-2006	293	125	18	17	Marlinda Tan
2006-2007	125	125	17	17	Manuel Guanzon
2007-2008	144	105	18	18	Henry Lee Chun
2008-2009	118	221	19	19	Henry Lee Chun
2009-2010	237	143	20	11	Willie C. Yu
2010-2011	184	146	10	12	Danny Sy
2011-2012	148	159	22	22	Trinidad Patacsil
2012-2013	206	171	22	22	Cipriano M. Guarín
2013-2014	178	191	22	23	Philip O. Lee
2014-2015	212	172	23	20	Paciencio M. Rosalem Jr.
2015-2016	171	187	19	23	Jonathan Teng
2016-2017	187	187	23	17	Paul L Lim
2017-2018	105	91	17	9	Franklin Demonteverde
2018-2019	100	68	9	9	Russell Kenneth Yee
2019-2020	88	96	9	8	Angelito Pua
2020-2021	110	-	11	-	John Lim + (succeeded by Ruben Siao)

AREA CONVENTIONS THE REGION HOSTED

20th Asia Area Convention on July 25th-27th, 2003.



25th Asia Area Convention

at the Sofitel, Philippine Plaza in Manila City and the 25th Youth Convocation in Tagaytay City, Cavite. AAC Chairman Robet Koa with Co-chair Paul Lim and RD Philip Lee worked hard together to bring over 700 participants across the globe to a successful celebration of Y'sdom.

It was a pride of the Philippine Region when one of our leaders John Choa from Manila Downtown Y's Men's Club was elected International President in 2004



SERVICE, SUSTAINING OUR HERITAGE

The economic crises brought about by natural calamities and disasters, which has not been completely resolved, may have resulted to inactive clubs and non-payment of membership dues. That despite, clubs continued to serve their communities.

Y's Men's Club of Philippine Region in partnership with Y's Men's Club of Metro Davao donated a school building in Cagayan De Oro. Shown in the photo, RD Jun Rosalem with PICM Ramona Morales and other Y's Men leaders.



Y's Men's Clubs of Makati Sampiro and Makati Golden conduct its Kalusugan at Edukasyon sa Y (KEY) Program, a regular feeding and values formation program to indigent children who lives inside the Public Cemetery. The Y's Men's Clubs provide the food and the YMCA youth volunteers teach the children through creative activities and storytelling



In 2015, these clubs started to conduct a quarterly Health Seminar for the community dubbed as "HealthY Talks" which tackle different topics on Healthy ageing such as Coping up with stress, Diabetes Management, Healthy Heart, Laughter Yoga etc



Project Hello Alson Team, a Philippines-Japan joint partnership with Y's Men's Club of RAHA Philippines at Laiban Elementary School, Tanay, Rizal with total of 401 beneficiaries



PROJECT HELLO ALSON BOOKS & SCIENCE KITS DISTRIBUTION. BENEFICIARIES - 100 HIGH SCHOOL STUDENTS

PROJECT HELLO ALSON DENTAL MISSION BENEFICIARIES - 51 STUDENTS & TEACHERS

RESPONSE TO TYPHOON AND NATURAL DISASTERS

The Manila Downtown Y's Men's & Y's Menettes' conducted a Relief Operation in Catanduanes after the Super Typhoon Rolly (International name: Goni). Sacks of Rice and clothes were distributed to 480 Families in the area.



MANILA DOWNTOWN CATANDUANES (TYPHOON ROLLY) JOINT RELIEF - NOV. 17, 2020.

Y's Men's Club of RAHA Philippines Relief Operations in Bicol after Typhoon Rolly



RAHA PHILIPPINES TYPHOON ROLLY JOINT RELIEF - NOV. 15, 16, 24 & 25, 2020

Y's Men's Club of Manila Downtown Relief Operation for Victims of Typhoon Ulysses Donation of Relief Goods: Rice, Hygiene Kits and sharing the Gospel to 200 families each in Lasam, Cagayan Valley and Auitan, San Pablo Isabela



Y's Men's Club RAHA Philippines and Metro Quezon City led by DGE Jericho Galita with spouse CS Christine organized the "TULONG SA MARIKINA DAHIL KAY ULYSESS", a relief drive to 200 families from Marikina & Montalban, Rizal.

RESPONSE TO COVID 19

The Manila Downtown Y's Men's & Y's Menettes' Club organized the Modified Enhanced Community Quarantine (MECQ) Rescue Project 2020 providing Sacks of 10 Kilos Rice to 300 Indigent Families living around the Rodriguez, Rizal dumpsite area.

Y's Men's Club of RAHA Philippines distributed Vitamins to the Philippine National Police (PNP), Fire Brigades and families of small villages in Metro Manila. The club donated school supplies, books, milk and health essentials to more than 300 students and pregnant women around areas under community quarantine.



Metro Quezon City Y's Men's Club Project "Tulong Tablet para sa Kinabukasan Ko": A Brigada Eskwela project supporting the Online Distance Learning (ODL) of Tanay East Integrated High School. and "Alcohol Laban sa COVID-19 para sa Kinabukasan at Papel para sa Module Ko" Supporting the Modular Distance Learning (MDL).



Manila Downtown Y's Men's Club and Y's Menettes donated PPEs (Personal Protective Equipment) to the hospital around Metro Manila.



CLIMATE ACTION IN THE REGION

Y's Men's Club of RAHA Philippines conducted a forum on environmental action among the Y's Men



Manila Downtown Y's Men's Club's project "Sow the seeds of kindness" donated 300 Pots including Organic Soil, Vegetable Seeds and Soil Conditioner to orphans 10 years below staying at an orphanage within Quezon City (Project Chairman: Y's Man Marvin Lee).



Every child is the future of our society. We would like to sow the seeds of kindness and responsibility by sharing with them a pot with seeds to pass to them the virtue of kindness, patience and responsibility so they may become good citizens and be the stalwart of the society when they grew up. This project helps our farmers in their livelihood as they sell these pots to send their kids to school.

The 300 pots were turned over to Honorable Mayor Joy Belmonte in Quezon City Hall to help in the distribution to different orphanage facilities within the city proper. These pots of veggie plants include broccoli, spinach, basil, chives, oregano, parsley, thyme, alfalfa, coriander, fennel, arugula and others. (MDYMC Club President Alex Yu)

Y's Men's Club of Makati Sampiro and Makati Golden conducts monthly Clean Up Drive around the YMCA Makati's Green Community.



Y's Men's Club of Negros Occidental conducts Mangrove Tree Planting.



PHILIPPINE REGION CURRENT EVENTS

Regional Handover IPRD Angelito Pua to RD John Lim



General Assembly and Y's Men "Orientation and Training Module for Club Officers, Members and Potential Members. Held Via Zoom. On October 07, & October 14, Respectively.

**Y'S MEN INTERNATIONAL
PHILIPPINE REGION**

1st General Membership Zoom Meeting

**HONORED GUEST SPEAKER:
ASD-LTOD/PAP RITA HETTIARACHCHI**

*International Theme 2020-2021: "Values, Extension and Leadership."
"To acknowledge the duty that accompanies every right."*



SEPTEMBER 26, 2020, SATURDAY - 10:00AM

**Y'S MEN INTERNATIONAL
PHILIPPINE REGION**

Orientation & Training Seminar 2020-2021

(CLUB OFFICERS, MEMBERS & POTENTIAL MEMBERS)
HOST COMMITTEE: MANILA BAY DISTRICT

PART 1- OCTOBER 7, 2020, WEDNESDAY, 7:00PM
PART 2- OCTOBER 14, 2020, WEDNESDAY, 7:00PM

*International Theme 2020-2021: "Values, Extension and Leadership."
"To acknowledge the duty that accompanies every right."*



ZOOM ID: 348 375 0301 PASSCODE: 9Cctvh

Joint Induction and Christmas Party of Y's Men and Women's Club of Metro Quezon and Y's Men and Women's Club of TARAS Quezon City



Club Strengthening Workshop of Y's Men's Club of Makati Sampiro and Makati Golden January 26, 2021



HEALTHY TALK SEMINAR on depression of Y's Men's Clubs' of Makati Sampiro and Makati Golden also live streamed in Facebook and zoom for wider reach.



PICM Ramona "Inday" Morales helping on the Orientation of Y's Men's Club Makati Sampiro and Makati Golden members.



Dr. Cez Tan of Makati Medical Center talks about the Depression and how to detect among the Elderly and she shared some coping mechanism.

RD Ruben Siao sharing about the 14 Multi-Languages interpretation of our Y's "Motto & Mission", Which is now scattered all over Metro Manila.



RD Ruben Siao conducts weekly zoom meetings that started when he was DG for Manila Bay District and now that he is the RD he continues the weekly meetings with the Officers and Club Presidents. The Region has also been conducting Membership Orientations year-round

RD Ruben Siao and IPRD Lito Pua visited YMCA Philippines Head Office to discuss with the YMCA National Office the plans of re-opening the Y's Men's Philippine Region Office located at the YMCA Philippines Building



From left; YMCA Philippines National President Atty. Ed Pilapil, YMCA National General Secretary, Pablito Tabucol, RD Ruben Siao and IPRD Lito Pua



A TRIBUTE TO THE LATE RD JOHN LIM

John Lim, our elected Regional Director (2020-2021), only finished his 1st semester term. He had high spirits and a great vision to bring the Region back to its glorious time. Sadly, he was unable to live to see his vision realized. On December 29, 2020, he joined our heavenly Father due to illness.

A man of few words, he started increasing membership in the first semester from less than 100 members to 110 with 11 clubs, as officially posted from IHQ. Several clubs under his leadership assured him of another big membership increase; there were plans to charter more new clubs in his 2nd semester term to bolster the region's membership



He supported clubs and district projects with his presence whenever he was able, such as clubs' induction and turnover. He attended Manila Bay District core group meetings when called by DG Ruben Siao. He encouraged clubs from the far Districts to be active under the new normal, following the government guidelines in an innovative way.

A day before he was rushed to the hospital (possibly in his subconscious mind), he emailed PICM/Dr. Ramona "Inday" Morales to revive the Council of Advisers (Past Regional Directors); requesting her to be the Chair of the Council; to guide and assist the present and future leaders of our Region. PICM/Dr. Ramona "Inday" Morales obliged. Even in his last few days, RD John Lim, always placed the Philippine Region matters a priority in his heart. May he rest in peace. He truly did "acknowledge the duty that accompanies every right" ...As our Regional Director.... our salute to him. (by: PRD Paul Lim)

Contributors: PICM Ramona Inday Morales, RD Ruben Siao, PRD Paul Lim, PRD Philip Lee, PRD Franklin Demonteverde, CP Alex Yu, CP Mags Gana

EMPHASIS MONTH FOR MARCH COMMUNITY SERVICE

By ASP ASD-CS Paul Lim



In September of 2015, the UN General Assembly adopted the 2030 Agenda- Sustainable Development for all, that includes 17 Sustainable Development Goals (SDGs). Out of the 17 SDGs, three are related to our Community Service Projects which we can support.

- SDG #1 No Poverty (Share a Meal)
- SDG #3 Good Health and Well Being (Renal Health for All)
- SDG #6 Clean Water and Sanitation (Control Covid-19 by Personal Hygiene)

Feb 01, 2021 4:50pm. A steel beam fell on the construction site 20 meters away from LRT-1 Blumentritt Station, Sta. Cruz, Manila. Four people were injured and taken to the hospital. Y's Man RAHA Volunteer Medic RAHA 21 is being interviewed about the incident by GMA News live.

Y'S MEN INTERNATIONAL
 Giving back to and strengthening its community is the principal purpose of a Y's Men International Club. Through regular, conscientious volunteerism and targeted fund raising we are committed to making a positive and sustainable difference - not just at the local level but around the world.

3 **Renal Health for All**
 Provide Dialysis Machines, Provide Medicine and Contact, Provide Dialysis Center, Provide Dialysis Center

6 **Control Covid-19 by Personal Hygiene**
 Install Handwashing Kiosks, Provide Soap, Provide Sanitizer Dispenser, Distribute Face Mask & Gloves

1 **Share a Meal**
 Distribution of Food, Supply of Drinking Water, Awareness on Hygiene of Food

Y's Men International Introduces for the first time
 "an annual award for outstanding achievement in Community Services"

APPROVED BY ICM 2019 **AWARD DETAILS**
 Apply as a Club, District, Region or Area.
 One award for best CS activity by a club and one award for best CS activity by a group of clubs.
 Decided by the IEOs and announced at ICM
 Apply before 15 June 2021
 Special recognition will be given by ISD(CS) for the International Award Winners (CS)
 Motto: "To acknowledge the duty that accompanies every right"



Feb. 20, 2021 -11:30pm Y's Men RAHA Volunteer Firetruck was responding to a fire at Gate 20, Parola Compound in Manila where 5 are confirmed dead and 2 volunteers reported hurt after the incident. They had Hard time entering the fire scene due to the narrow streets that lead to fire scene. Y's Medic are also on the scene.



Feb. 20, 2021 12:46am. RAHA Medic 3 Ambulance responding to Sts Gelinos corner Maria Clara, Sta. Cruz, Manila, incident of motorcycle and truck collision. Patient was brought to Philippine Orthopedic Hospital. Left photo show medic interviewed the victim after giving first aid for coordination with the Hospital and report to proper authority.



November 20, 2020. Y's Men's Club of RAHA Philippines Relief Operation to Barangay Bote, Bato, Catanduanes, Bicol Region after Super Typhoon Rolly (International Name Goni) made landfall as Category 5 in Catanduanes. It's not the amount of donation, but the effort of bringing relief goods there to uplift the spirit of the victims.



Y'S MEDIC AT WORK GIVING FIRST AID DURING ONE OF THE INCIDENTS HAPPENED ON MACARTHUR BRIDGE, NORTH BOUND IN MANILA.

Our 1st and 2nd objectives as a global part of Y's Men's International are to function primarily as a service club for the YMCA and to support other worthy organizations. With these two objectives in mind, community service is our principal purpose for being chartered as Y's Men's Clubs.

Community Service (CS) is a way of giving back or sharing with the communities the grace and blessings we receive and being fortunate enough to have a better life. We can share our time and talent in strengthening the human relationship with our community if we may not have enough financially. As a club, district or region, we can do creative targeted fundraising to support CS Projects we are committed to making a positive and sustainable difference to our communities and beyond.

As Y's members, this serves a very good public image building, Y's identity and enticement of more new members to join once they see the good deeds we are doing voluntarily to inspire and a make a difference with people or communities where help is most needed in time of crises or not. Communities who have benefitted from our CS projects are our best endorsers. Good CS projects will and can entice many youth and volunteers to become part of our movement.

Approved by ICM 2019, an annual award will be given for outstanding achievement in Community Services. There are two categories of awards – Independent for CS project coordinated and executed by a single club and Collective for CS project involving multiple clubs at District, Region or Area level. The CS project must show contact with marginalized populations, direct beneficiaries of at least 20 people and have 20% membership attendance during the project implementation.

ABOUT THE Y'S MENETTE ACTIVITIES

BY MIKISHIBUYA-ASD-Y'S MENETTE



In addition to my role as ASD-Y's Menette, I have been serving as the chairperson of the Y's Menette committee of the Japan East Region since 2019. Y's Women's activities are remarkable in many Clubs. However, I think that Y's Menettes also play a significant role in terms of participation in the Y's Movement as a couple. In the case of my husband and I, the person who has taken care of us since the time of dating is a member of Y's Men's Club, and my husband joined Y'sdom in 2008. I became Y's Menette at the same time when we married in 2012. When we moved in 2013, I started to participate in the Y's Men's Club activities.

In the beginning, it was only an event to go out with my husband. Since I participated in the 'Y's Menette Hour' of the Regional Convention, I have become interested in Y's Menette activities. I have learned that everyone enjoys their activities reasonably and happily as they grow older, and I wanted to support them. Y's Menette is described as a partner of a male Member, but I believe that Y's Menettes can stimulate her husbands from a women's perspective and characteristics, not just playing an auxiliary role. From that perspective, I would like to mention a few things.

1. Thinking about International Women's Day

As you know, March 8 is International Women's Day. I have a friend of mine who is blind. Originally from a school for the blind, she transferred to the same university as me. After working as an intern at several companies, she became a Japan International Cooperation Agency employee. Now she runs her own business independently. I hope she will eventually join our activity. Women who have gained various experiences support women's success by using their points of view and ideas and may play an indispensable role in realising SDGs.

2. Activities of the Japan East Region Y's Menette Committee

We continue to donate picture books to nationwide YMCA's children's facilities every year. Also, we hold Regional Y's Menette gatherings once a year and the 'Y's Menette Hour' at the Regional Convention. We have exchanges between Y's Menettes and Y's Women at those meetings. The women involved in the YMI Movement have various professions and special skills, so the gathering is always a peaceful opportunity for discoveries.

3. Efforts of each Club

Of course, in the Clubs where Y's Menettes are active, Y's Men also support their activity. Y's Men are actively involved in public relations, collecting materials, and providing venues for Y's Menette activity. Some examples of Y's Menette activities are 'Apron Theatre' to support local children's education, regular cooking sessions and a picture book library in a nursery school.

4. Y's Menette Night

In some Clubs in Japan, they hold 'Y's Menette Night' in March. Y's Menettes operate the regular monthly meetings of the Y's Men's Clubs.

Amid the COVID-19 pandemic, activities have been restricted this year, but one Club held a tea ceremony meeting with adequate infection control measures.

SUPPORT FOR CHILDREN IN CAMBODIA

The Y Service Club of Bendigo send funds to the Cambodia YMCA to support families with young children. Chantha Srey Pov is an 8 year old girl who is able to study at a YMCA school. Her parents rely on what they can scavenge to pay rent and feed their family. The YMCA also supports her family.

Another child the club supports via the Cambodia YMCA is Roen Nguon Ly, a 13 year old studying at a public school and YMCA centre. Nguon Ly's family have experienced financial difficulties during COVID-19 pandemic. The Y Service Club of Bendigo support allows Nguon Ly to attend school and be provided with study materials.

Photos courtesy Hem Thel



GREEN ACTIVITIES & THE ENVIRONMENT

By: Colin Lambie ASD BE/Green Activities & Environment

'CARBON NEUTRAL' AND 'NET ZERO CARBON'

Carbon neutral and net zero carbon mean the same thing. The world is talking about becoming net zero carbon by 2050. It's impossible to eliminate all carbon emissions, because there will always be (I hope) life forms breathing out carbon dioxide or CO₂. If you hear someone say they are becoming carbon zero, you can be sceptical.

The point at which a person, a business, a YMCA or a country is carbon neutral is the point, ideally, at which they have reduced their carbon emissions as much as possible, then offset the rest of their emissions in some way, for example by tree planting, etc.

APAY propose that all YMCAs become 'carbon neutral' by 2030. YMCAs are more caring about humanity than businesses and governments, and so they are leading the way to help reduce the impact of climate change. Recent reports are saying that becoming carbon neutral by 2050 is ok, as long as the reduction in emissions by 2030 is something like 87%.

'Carbon Footprint' is another term used often. It is the carbon emissions of a person, or organisation or country, usually per annum, usually in tonnes. Average carbon footprint of a person in Australia is about 20 tonnes per annum. Average carbon footprint of a person in India is about 2 tonnes per annum. The significant difference is mostly due to the high consumption habits of people in Australia, but it's also because Australia generates most of its electricity using coal. Average emissions per person in other countries in Asia – Pacific are between these two extremes.

The carbon footprint of a country depends on its population, but also how the country generates electricity, what vehicles people drive, etc. Australia with 25 million people has a higher carbon footprint than the United Kingdom, even though the UK has more than double the population.

Knowing the language of carbon emissions and climate change, hopefully helps us to understand what needs to be done. The recent change of leadership in USA makes for a significant change in policy on climate change. Fortunately, many people in many countries appreciate the seriousness of climate change, so gradually change is happening.

Change in policy about action on climate change is so slow that many people are going to suffer the consequences.

Will you be one of the people able to tell your grandchildren that you tried to make change happen, or will you be one of the people who wanted to keep burning coal, oil, etc?

CALL FOR VOLUNTEERS TO ASSIST FOR IC 2022 IN HAWAII

Submit expression of interest to AP David Lua & AS Keiko Tonegawa

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BULLETIN TEAM

Editor-in-Chief:
Colin Lambie

Designers:
Deepak Bhandari,
Maria Magda Gana

Circulation:
Keiko Tonegawa

Advisers:
AP David Lua,
PICM Dr. Ramona Inday Morales